

# ABDUCENS NERVE PALSY - A RARE COMPLICATION OF SPINAL CORD STIMULATOR INSERTION: CASE REPORT AND LITERATURE REVIEW

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Background: Spinal cord stimulation (SCS) is an emerging therapeutic intervention for intractable chronic pain. However,

SCS surgery is not exempt from complications such as lead migration, infections, hardware malfunction

and neurological deficits.

Case Report: We present this case report on bilateral abducens nerve palsy, as a rare iatrogenic complication of SCS

system insertion in a 65-year-old man with intractable chronic pain. After failing conservative treatment

and explant, he underwent corrective strabismus surgery and achieved symptom control.

Conclusion: The case presents a diagnostic and management challenge due to the nature of his presentation, neu-

roimaging pitfalls and limited high-quality evidence for management. We recognise cranial nerve palsy as a potential, yet real, complication of SCS surgery, of which abducens nerve palsy presents significant detriment to patients lives. As SCS continues to expand in clinical practice, inevitably, so will its iatrogenic sequela signalling the need for greater recognition and formation high-quality evidence for efficacious

management.

**Key words:** Spinal cord stimulation insertion, abducens nerve palsy, chronic pain, case report

# **BACKGROUND**

Although spinal cord stimulator (SCS) insertion for neuromodulation is a safe and effective procedure for treatment of a variety of chronic pain syndromes, complications of this intervention have been reported (1). These have been attributed to device-related complications, including lead migration, lead fracture, implantable pulse generator (IPG) site pain, or surgical complications, which include postdural puncture headache, infection, and hematoma (1). In this report, we present a case of the bilateral abducens nerve (CNVI)

palsy as a potentially rare complication associated with SCS insertion. Informed consent was obtained from the patient.

# **CASE PRESENTATION**

We present a 65-year-old man with progressive chronic back pain secondary to bilateral radiculopathy over his 4-decade-long career as a nurse. His past medical history includes hypertension, type-2 diabetes mellitus, hypercholesterolemia, bile acid malabsorption, anxiety, depression, and eustachian tube dysfunction. Potential

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surgical targets for treatment were not demonstrated on magnetic resonance imaging (MRI) spine and SCS insertion was recommended for neuromodulatory management of his pain.

The patient underwent SCS insertion, in July 2021, where dual lead electrodes were fluoroscopically placed posteriorly up to the T8 level, with direct implantation of the IPG as per the current guidelines from the Neuromodulation Society of the United Kingdom and Ireland. There were no obvious complications during and immediately after the procedure, leading to discharge.

Two days postprocedure, the patient developed bilateral hearing loss and tinnitus accompanied by episodes of severe headache, nausea, and vomiting. He represented to hospital on day 3 with blurred vision, diplopia, bilateral ocular abduction deficits worse on right eye, and right esotropia with left dominant fixation (Fig. 1). He also experienced severe vertigo and unsteadiness. His headaches were postural, worse when upright, sitting or standing, and improved with recumbence. The SCS remained unprogrammed during the onset of his symptoms.

In approaching diagnostic differentials, a full neurological examination was conducted to determine the presence of neurological deficits that may assist in localization. Examination revealed no signs of ataxia, hemisensory, or hemiparesis deficits. COVID-19 testing was negative.

Ophthalmological examination for intraocular pressure and fundoscopy were normal. External examination was unremarkable without features of proptosis, chemosis, lid swelling, or ptosis, making extraocular muscle pathology, such as thyroid eye disease or idiopathic orbital inflammation, unlikely. Characteristic clinical manifestations associated with myasthenia gravis, including Cogan's lid twitch sign (i.e., overshoot twitch of lid retraction following eye return of primary position from downgaze) and fatigability, and temporal arteritis, including temporal tenderness, jaw claudication, and scalp tenderness, were not observed. There were no

pathologies identified in the other cranial nerves (CNs).

The patient was diagnosed with isolated bilateral ocular abduction deficits and esotropia, which was most likely attributed to bilateral CNVI palsies. The disease pattern can be represented by a lesion anywhere from the nerve's origin to the lateral rectus muscle, suggesting the potential role of several pathological mechanisms along the neuroanatomical course of the nerve itself.

As the SCS was MRI conditional, MRI brain and whole spine were performed 20 days postprocedure. MRI brain demonstrated no features suggestive of intracranial hypotension. There was also no evidence of subdural collections, brain stem sagging, or pituitary bulging. In keeping with mild-to-moderate small-vessel disease, the brain parenchyma contained multiple foci of fluidattenuated inversion recovery (FLAIR) hyperintensities predominantly within the cerebral cortex, deep white matter, and pons. There was also a high T2/FLAIR signal in the dorsal pons without corresponding restricted diffusion. T2 hyperintensity in the dorsal pons coinciding with low-pressure headaches may suggest relation to intracranial hypotension though other salient features were not clearly visualized on MRI. The progressive evolution of his symptoms over 24 hours and bilateral involvement of CNVI was unlikely to be attributable to stroke.

Of note, MRI did demonstrate an incidental pseudomeningocele, which was characterized as a localized left dorsal subcutaneous fluid collection at the IPG site. Intraspinally, the dorsal epidural space was largely obscured by artifacts from the SCS. However, no significant epidural collection was visualized. A lumbar puncture was not carried out, due to the exacerbatory risk of further complications, on suspicion that his diplopia was possibly caused by an inadvertent dural tear during the procedure.

# Management

Conservative treatment measures, including rest, hydration, and analgesia, were first implemented, fol-







Fig. 1. Twenty-six days post-operation. Physical examination demonstrating motility of both eyes when looking left (a), forward (b), and right (c).

lowed by application of an eye patch to mitigate against diplopia. The SCS was explanted, and alterations were made to the patient's prescription glasses with optometry. His symptoms continued to persist, and his recovery timeline and prognosis were unclear. He underwent strabismus surgery for visual correction at 6 months, which resulted in resolution of his visual symptoms. His diplopia, tinnitus, and low-pressure headaches have since resolved.

### **DISCUSSION**

CNVI palsy is a common cause of acquired horizontal diplopia with abduction impairment and an esotropia ipsilateral to injury (2). However, CNVI palsy following SCS insertion is a rare phenomenon. There is only one other case report (3) that describes transient CNVI palsy following SCS insertion, where there was a comparable description of prodromal tinnitus and headache. We propose that the underlying etiology in this case was a subclinical leak of cerebrospinal fluid (CSF) at the location of epidural fixation of the IPG leading to intracranial hypotension (3,4).

Literature stemming back to the 1900s has reported cases of isolated CNVI palsy as a rare complication following various CSF diversion procedures, such as lumbar puncture, lumbar drain, spinal anesthesia, myelography, ventriculoperitoneal shunting, and spinal surgery (Tables 1 and 2). The gauge size of spinal needles may play a role in the occurrence of this phenomenon, thereby the development of smaller needles may have decreased the incidence of this complication (4). Although uncommon in general, CN dysfunction following dural puncture has been reported and includes CNIII, CNIV, CNV, CNVII, CNVIII, CNIX, and CNX, with impairment to CNVI being most common (4).

Other less specific signs preceding CNVI palsy, such as postural headache, nausea, and vomiting, as seen in this case, are common in similar literature and indicate CSF depletion. It has been theorized that the progressive decrease in CSF pressure with subsequent sagging of the intracranial contents may be responsible for disturbances of the CNs, especially CNVI (4).

The neuroanatomical course of CNVI makes it susceptible to injury at several distinct locations, resulting in unique clinical patterns. Damage to the pons in the context of the CNVI may present as ipsilateral horizontal gaze palsy, contralateral weakness, and internuclear ophthalmoplegia. Inflammation or trauma to the petrous bone may cause decreased hearing, hemo-

| Table 1. Literature findings of Abducens nerve palsy following spinal surgery. | e findings of Abducens nerv | ucens nerv | > I             | e palsy | following     | spinal surgery     | Post-                     | Symptom            |  |  |                               |      |
|--|-----------------------------|------------|-----------------|---------|---------------|--------------------|---------------------------|--------------------|--|--|-------------------------------|------|
| Gender Procedure   | Procedure                   |            | Needle<br>gauge | Type    | CNVI<br>palsy | Preceding symptoms | operative<br>Onset (days) | duration<br>(days) | Primary<br>Management  | Secondary<br>Management                    | Reference<br>(x)              | Year |
| M Surgical - SCS   | Surgical - SCS              |            | 14              |         | Bilateral     |                    | 2                         | 180                | Surgical<br>(Strabismus<br>surgery), EBP                               | Conservative,<br>Orthoptics (eye<br>patch) | Current case                  | 2021 |
| Surgical<br>- Discectomy   | Surgical<br>- Discectomy    |            | -               | 1       | Left          | Headache           | 12                        | 34                 | Surgical (dural<br>repair), chest drain                                | Orthoptics,<br>Conservative (bed<br>rest)  | Sandon et al.,<br>2016 (8)    | 2016 |
| M Surgical - Discectomy  | Surgical<br>- Discectomy    |            | -               | -       | Right         | Headache           | 14                        | 11                 | Surgical (dural repair)  | -  | Joo et al.,<br>2013 (9)       | 2013 |
| Surgical<br>- Discectomy   | Surgical<br>- Discectomy    |            | -               | ı       | _             | -                  | 21                        | 91                 | Surgical (revision<br>thoracotomy and<br>dural repair), chest<br>drain |  | Khurana et<br>al., 2013 (10)  | 2013 |
| M Surgical - Vertebrectomy   | Surgical<br>- Vertebrectomy |            | -               | -       | Bilateral     | Headache           | -                         | 152                | -  | -  | Khurana et<br>al., 2013 (10)  | 2013 |
| M Surgical - Vertebrectomy   | Surgical<br>- Vertebrectomy |            | 1               |         | Left          | Headache           | 10                        | 30                 | -  | 1  | Sudhakar et<br>al., 2013 (11) | 2013 |

Table 1 cont. Literature findings of Abducens nerve palsy following spinal surgery.

| Year                               | 2012                     | 2009  | 2003                              | 2000                                      | 1999  | 1993                                | 1993                     | 1993  | 1981                       | 1981   |
|------------------------------------|--------------------------|---|-----------------------------------|---|---|-------------------------------------|--------------------------|---|----------------------------|--|
| Reference<br>(x)                   | Thomas et al., 2012 (12) | Cho et al.,<br>2009 (13)  | Nakagawa et<br>al., 2003 (14)     | Wolfensberger<br>and Borruat,<br>2000 (3) | Barsoum et<br>al., 1999 (15)                  | Espinosa et<br>al., 1993 (16)       | Espinosa et<br>al., 1993 | Espinosa et<br>al., 1993                    | Black et al.,<br>1981 (1)7 | Black et al.,<br>1981  |
| Secondary<br>Management            | -                        | Medical<br>(Hydration,<br>Analgesia<br>(NSAIDs)),<br>Conservative (bed<br>rest) | -                                 | Conservative (bed rest)                   | Orthoptics (Eye patch)                        | -                                   | 1                        | ı   | -                          |  |
| Primary<br>Management              | Surgical (dural repair)  | ı   | 1                                 | 1   | -   | 1                                   |                          | Surgical<br>(extraocular<br>muscle surgery) | -                          | Surgical - Shunt<br>revision, insertion<br>of antisiphon<br>device |
| Symptom<br>duration<br>(days)      | 28                       | 35  | 28                                | 06  | 183   | 77                                  | 63                       | 1   | 09                         | 84   |
| Post-<br>operative<br>Onset (days) | 42                       | 4   | 3                                 | 5   | 0   | 14                                  | 6                        | 7   | 7                          | 8  |
| Preceding symptoms                 | Headache                 | Headache  | 1                                 | Headache                                  | -   | Headache,<br>nausea and<br>vomiting | Headache                 | Headache                                    | Hearing loss               | Headache,<br>nausea and<br>vomiting                                |
| CNVI<br>palsy                      | џе                       | Right   | Right                             | Left                                      | Right   | Bilateral                           | Right                    | Bilateral                                   | Right                      | Bilateral  |
| Type                               | -                        | 1   | ,                                 |   |   |                                     |                          | ı   |                            |  |
| Needle<br>gauge                    | -                        | 1   |                                   | 1   | -   | 1                                   |                          | 1   | -                          | 1  |
| Procedure                          | Surgical<br>- Discectomy | Surgical - Spinal<br>Fusion   | Surgical - Tumour resection C1/C2 | Surgical - SCS                            | Surgical -<br>Decompression,<br>spinal fusion | Surgical - VPS                      | Surgical - VAS           | Surgical - VPS                              | Surgical - VAS             | Surgical - VAS   |
| Gender                             | M                        | M   | ΙΉ                                | M   | M   | M                                   | M                        | M   | щ                          | F  |
| Age                                | 23                       | 61  | 22                                | 99  | 69  | 29                                  | 69                       | 69  | 02                         | 72   |

SCS: Spinal cord stimulator; VPS: Ventriculoperitoneal Shunt; VAS: Ventriculoatrial Shunt

Year 2016 2015 2020 2020 2018 2016 2014 2014 Cluff et al.,, 2016 (21) Alhalal, Al-Salman & Anazi, 2018 (20) Gilca et al., 2015 (23) Reference (x) Wardhan & Wrazidlo, 2020 Pirbudak, 2020 (18) Mahulikar et al., Adakli et al., 2014 (24) Duran et al., 2014 (25) 2016 (22) (19) Secondary Management Steroids, antiviral Conservative (bed rest) Conservative (bed Conservative (bed rest) Medical (Steroids (dexamethasone)) Barbiturate, and Caffeine) Analgesia (paracetamol), (paracetamol), Conservative (Hydration, Analgesia, (Eye patch), Orthoptics, (Hydration, Supportive (Hydration, Analgesia Orthoptics Caffeine), Caffeine), Medical rest) Primary Management Removal of LP shunt EBP EBPEBP EBP duration Symptom (days) Table 2. Literature findings of Abducens nerve palsy following cerebrospinal fluid shunting procedures. 75 28 91 90 90 operative Onset (days) Post-730 3 / 2 9 7 4 3 Numbness on left side of face pain, numbness and tingling in vomiting, neck and shoulder Headache, neck Preceding symptoms vomiting, neck pain/stiffness, opthalmalgia and shoulder pain/stiffness nausea and nausea and Headache, Headache, Headache Headache Headache her arms CNVI palsy Right, CNXII Left, CNV, CNVII Bilateral Bilateral Bilateral Right Right Left Whitacre Quincke Type Tuohy ı Needle gauge (G) 27 22 ı Procedure LPS SA EC ECEA EA SA $_{\rm SA}$ Gender  $\mathbf{Z}$ Œ Ľ Ľ Œ [I Ľ Ľ Age 36 32 32 37 62 25 29 27

Year 2013 2013 2012 2013 2013 2013 2012 2013 2012 2013 Basaranoglu and Saidoglu, 2013 (26) Cain et al., 2012 (28) Fiala et al., 2012 (29) Reference (x) Saracoglu et al., 2013 (27) Sudhakar et al., 2013 Hassen and Kalantari, 2012 (30) Sudhakar et al., 2013 (10) Sudhakar et al., 2013 Sudhakar et al., 2013 Sudhakar et al., 2013 (Hydration, Caffeine, Analgesia Medical (Caffeine, Theophylline) Medical (Analgesia (opioids)) Secondary Management (dexamethasone)) prism), Medical (Steroids Orthoptics (Eye Analgesia (paracetamol), Theophylline) patch, Fresnel (NSAIDs), Steroids) (Hydration, Medical Medical Primary Management craniotomy with evacuation of bilateral SDH Surgical -EBP EBP EBP Table 2 cont. Literature findings of Abducens nerve palsy following cerebrospinal fluid shunting procedures. Symptom duration (days) 150 9 7 90 9 61 91 \_ operative Onset (days) Post-7 7 9 6 9 0 \_ Headache, neck Preceding symptoms vomiting, neck and shoulder and shoulder pain/stiffness pain/stiffness Headache, nausea and Headache Headache CNVI palsy Bilateral Bilateral Bilateral Right Left Left Left Left Left Atraucan Quincke Type Tuohy Tuohy Needle gauge (G) 22 26 7 18 Procedure SA $\mathbf{S}\mathbf{A}$ EA EC EC EC EC П EA SAGender Σ Σ Ľ Ľ Age 32 28 22 35 65 28 25 21 7 38

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Year 2010 2010 2010 2011 2009 2008 2011 2008 Reference (x) Amini-Saman et al., 2011 (31) Bial et al., 2009 (36) Schober et al., 2010 (34) Gibbins et al., 2008 (38) Corbonnois et al., 2010 (33) Yaman et al., 2010 (35) Magro et al., 2011 (32) Anwar et al., 2008 (37) Conservative (Bed rest) caffeine, mannitol) Secondary Management Conservative (bed Conservative (bed NSAIDs (aspirin, (paracetamol), (paracetamol), (paracetamol, Analgesia (NSAIDs)), (Hydration), (Hydration, ibuprofen)) (Hydration, (Hydration, (Hydration, Analgesia Analgesia Analgesia Baclofen Caffeine) Caffeine) Medical Medical Medical Medical Medical rest) rest) Management anticoagulation, acetazolamide Primary (Evacuation of subdural hematoma) of cortical thromboses - treatment Surgical EBP EBP Table 2 cont. Literature findings of Abducens nerve palsy following cerebrospinal fluid shunting procedures. duration (days) Symptom 183 120 15 50 4 28 9 21 operative Onset (days) Post-42 2 9 0 9 4 3 \_ Preceding symptoms Headache, Vomiting Headache Headache Headache Headache Headache Headache Headache CNVI palsy Right Right Right Left Left Left Quincke Type Tuohy Tuohy Tuohy Tuohy Needle gauge (G) 15 18 17 26 18 14 Procedure SA $\Gamma$ EC EA LP EC LP П Gender Σ  $\Sigma$ Σ Ľ Ľ Ľ Ľ Age 46 4 26 53 22 9 31 41

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SA: Spinal Anaesthesia; EC: Epidural Catheter, LPS: Lumbar Puncture Shunt; LP: Lumbar Shunt; LD: Lumbar Drain; EA: Epidural Anesthesia; IT: Intrathecal Injection; MY: Myelography; CSA: Continuous Spinal Anaesthesia. Reports prior to 1994 on abducens nerve palsy following CSF diversion procedures can be found in Nishio et al (2004)'s review article (60). Haughton and Chalkiadis, 1999 Dinakaran et al., 1995 (57) Reference (x) Szokol and Falleroni, 1999 (54) Bell et al., 1994 (58) Bell et al., 1994 Bell et al., 1994 Bell et al., 1994 Bell et al., 1994 Katz, 1994 (59) Velarde et al., 2000 (52) Johnson et al., 1998 (56) Dumont et al., Dunbar and Katz, 1994 Dunbar and 1998 (55) (53) Analgesia, Steroids) Orthoptics (Fresnel Analgesia (opioids, Management paracetamol)), Conservative (bed Secondary Orthoptics (Eye (Hydration, (Hydration, Medical Medical patch) prism) rest) Management muscle surgery) Primary EBP, Surgical (extraocular of epidural Cessation infusion EBP EBP EBP EBP EBP Table 2 cont. Literature findings of Abducens nerve palsy following cerebrospinal fluid shunting procedures. Symptom duration (days) 365 122 122 122 183 122 4 99 4 91 91 91 operative Onset (days) 10 10 10 12 S 9 9  $\infty$ 9  $\infty$ Headache, neck Preceding symptoms pain/stiffness, opthalmalgia opthalmalgia and shoulder nausea and nausea and nausea and Headache, Headache, Headache, Headache Headache Headache, vomiting, Headache vomiting, Headache Headache Headache Headache dizziness vomiting, dizziness dizziness CNVI palsy Left, CNIII Bilateral Right Right Right Left Left Left Left Left Left Left Type Tuohy Tuohy Tuohy Tuohy Needle gauge (G) 14 8 16 17 17 20 Procedure MY MYMY MY MY MY 8 EC LP EA EA П Gender Σ  $\mathbf{Z}$ Ľ Ľ Ľ [I ш Ľ щ Ľ Age 46 58 13 32 38 32 47 33 39 41 47 26 31

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tympanum or facial numbness, and pain. Masses and lesions in the cavernous sinus or superior orbital fissure can result in Horner's syndrome or other accompanying CN palsies, while CNVI palsy accompanied by proptosis or conjunctivitis may point to a local pathology in the ipsilateral orbit (2). CNVI is particularly predisposed to injury secondary to alterations in intracranial pressure, where it may experience structural displacement and resultant nerve injury. This is exemplified where the nerve curves at an almost right angle over the angular apex of the petrous bone. Caudal displacement of the brain stem, typically seen in intracranial hypotension, results in the stretching of CNVI into Dorello's canal. Its course also puts it in positions of direct compression from the clivus, basilar artery, and anterior inferior cerebellar artery.

Generally, a presentation of isolated CNVI palsy warrants a medical workup, including erythrocyte sediment rate, metabolic and biochemistry profiles, and a full blood count. MRI brain with contrast and diffusion-weighted imaging should be performed to exclude intracranial masses, acute brain stem ischemia, and assess for CNVI enhancement. If MRI fails to capture the source of impairment, a lumbar puncture for CSF analysis and opening pressure measurement can be done. Additionally, immunological studies, such as acetylcholine receptor antibody testing, should be considered with appropriate clinical suspicion.

Our patient presented with bilateral diplopia in the absence of other neurological deficits, ocular pain, and papilledema. Combined with prodromal tinnitus, postural headache, vomiting, and nausea, his clinical picture strongly corresponded to intracranial hypotension, most likely a secondary inadvertent intraprocedural dural puncture resulting in subclinical CSF leak (4). This is substantiated by the presence of a spinal pseudomeningocele following SCS insertion as seen on MRI.

Pseudomeningoceles are typically asymptomatic but can become symptomatic, usually presenting with delayed onset. Symptoms can be broadly grouped as direct or indirect symptoms, where direct symptoms are sac-related spinal symptoms, while indirect symptoms refer to localized swelling, lumbar pain, myelopathy, and radiculopathy. D'Esneval et al (6) described spinal pseudomeningocele as a complication following accidental dural puncture in spinal procedures and has a particularly high incidence in revision spinal surgery as opposed to primary spinal surgery due to epidural fibrosis. Epidural fibrosis is a possible contributing factor in our patient, given his extensive history of spinal procedures for pain management.

While our hypothesis primarily revolves around intracranial hypotension, it is important to note that modest and temporary increases in intracranial pressure (ICP) can also be associated with pseudomeningoceles (6). In this context, Bosscher (7) demonstrated via mathematical modelling, how changes in epidural, subarachnoid, and intracranial pressures and volumes can lead to neurological complications. ICP fluctuations or the occurrence of large variation pressure waves can contribute to the stretching or compression of CNs, thereby resulting in direct axonal and vascular damage. This damage can lead to CN dysfunction as seen in our case. Intracranial pressure-volume dynamics vary significantly among individuals due to factors like spinal anatomy and underlying pathologies, and is a relevant variable that should be considered in SCS procedures through CSF pressure monitoring (7).

Treatment of isolated CNVI palsy includes maximization of visual function, conservative adaptation therapy, and any measure to increase the patient's quality of life. Treatment modalities include alternate patching, prism glass therapy, botulinum toxin (Botox) injection, epidural blood patch, steroids, and strabismus surgery (4). Current literature on complications associated with SCS insertion remains almost nonexistent. This patient was treated with strabismus surgery in best interest after exhausting all conservative and supporting measures, which resulted in positive improvement.

### CONCLUSIONS

We report bilateral CNVI palsy as a rare and debilitating complication of SCS surgery that significantly detriments patient independence and quality of life. This complication should be considered as neuromodulation continues to evolve in the world of pain medicine.

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